



# FREE Field Hockey Clinic!



JOIN US to learn about the game of field hockey  
and PLAY with your friends!

Learn the basic skills and rules from USAFH Certified coaches!

**Who:** 4<sup>th</sup>- 7<sup>th</sup> grade students

**Where:** Holland Middle School Gym

**When:** March 4<sup>th</sup>-March 7<sup>th</sup>

**Time:** 6-730pm

**Cost:** FREE!

\*All equipment will be provided and each participant will get their own field hockey stick to keep!\*

***Contact Coach Kim at 716-359-5527 to sign-up TODAY!***

